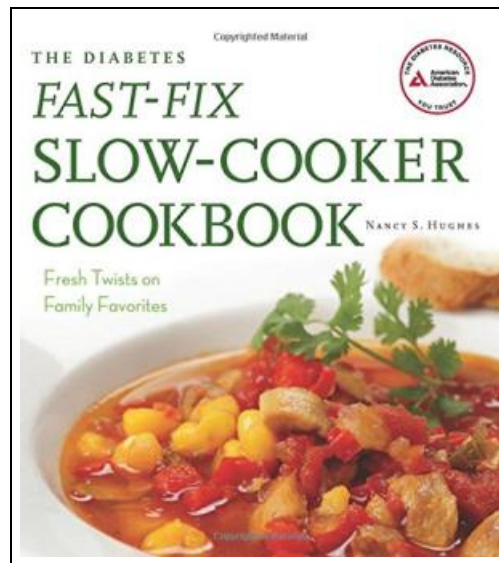


The Diabetes Fast-Fix Slow-Cooker Cookbook: Fresh Twists on Family Favorites



Filesize: 1.55 MB

Reviews

*This pdf is definitely not straightforward to get started on studying but extremely exciting to see. It generally does not charge an excessive amount of. Your lifestyle period is going to be convert once you full looking over this publication.
(Elliott Rempel MD)*

THE DIABETES FAST-FIX SLOW-COOKER COOKBOOK: FRESH TWISTS ON FAMILY FAVORITES



To save **The Diabetes Fast-Fix Slow-Cooker Cookbook: Fresh Twists on Family Favorites** PDF, make sure you access the hyperlink below and download the file or gain access to other information which might be highly relevant to THE DIABETES FAST-FIX SLOW-COOKER COOKBOOK: FRESH TWISTS ON FAMILY FAVORITES ebook.

American Diabetes Association, 2014. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: As lives get more hectic and schedules grow busier, people are looking for healthy, economical, easy, "comfort on the go" recipes. It's easy to see why the popularity of slow-cookers has skyrocketed in the past few years. Slow-cooker recipes are the perfect way to prepare delicious, home-cooked meals with less hassle and less time in the kitchen. Unfortunately, many of today's slow-cooker recipes are based on old methods that produce "stewed" results. Nancy Hughes improves this approach with the addition of fresh ingredients-introduced to the recipe at just the right time-to add pop. For example, a simple dish of chili can be dramatically improved by chopping up and setting aside some of the raw onions, peppers, and tomatoes that are already part of the dish. By sprinkling them on top with fresh lime and a dollop of sour cream at the right point in the process, it adds an unexpectedly delightful level of flavor, crunch, color, and freshness! Many of Nancy's more than 150 recipes in the book are built just like this to rejuvenate familiar dishes. By adding small twists to beloved classics, she has created recipes that will become instant favorites at the dining table. Not only are these new recipes fresh and fabulous, but they're also incredibly healthy and guaranteed to meet the American Diabetes Association's nutritional guidelines. These guidelines ensure that the recipes will fit into anyone's diabetes meal plan and help them better manage their blood glucose levels. Each recipe features complete nutrition information and diabetic exchanges. The book features 16 pages of color photography, showing how even a simple slow-cooker recipe can provide a beautiful meal for the dining table. The interior design is in an...



[Read The Diabetes Fast-Fix Slow-Cooker Cookbook: Fresh Twists on Family Favorites Online](#)
[Download PDF The Diabetes Fast-Fix Slow-Cooker Cookbook: Fresh Twists on Family Favorites](#)

Other Books



[PDF] A Dog of Flanders: Unabridged; In Easy-to-Read Type (Dover Children's Thrift Classics)

Access the web link under to download "A Dog of Flanders: Unabridged; In Easy-to-Read Type (Dover Children's Thrift Classics)" PDF file.

[Save ePub »](#)



[PDF] Fun to Learn Bible Lessons Preschool 20 Easy to Use Programs Vol 1 by Nancy Paulson 1993 Paperback

Access the web link under to download "Fun to Learn Bible Lessons Preschool 20 Easy to Use Programs Vol 1 by Nancy Paulson 1993 Paperback" PDF file.

[Save ePub »](#)



[PDF] Six Steps to Inclusive Preschool Curriculum: A UDL-Based Framework for Children's School Success

Access the web link under to download "Six Steps to Inclusive Preschool Curriculum: A UDL-Based Framework for Children's School Success" PDF file.

[Save ePub »](#)



[PDF] The Healthy Lunchbox How to Plan Prepare and Pack Stress Free Meals Kids Will Love by American Diabetes Association Staff Marie McLendon and Cristy Shauck 2005 Paperback

Access the web link under to download "The Healthy Lunchbox How to Plan Prepare and Pack Stress Free Meals Kids Will Love by American Diabetes Association Staff Marie McLendon and Cristy Shauck 2005 Paperback" PDF file.

[Save ePub »](#)



[PDF] Learn em Good: Improve Your Child s Math Skills: Simple and Effective Ways to Become Your Child s Free Tutor Without Opening a Textbook

Access the web link under to download "Learn em Good: Improve Your Child s Math Skills: Simple and Effective Ways to Become Your Child s Free Tutor Without Opening a Textbook" PDF file.

[Save ePub »](#)



[PDF] Crochet: Learn How to Make Money with Crochet and Create 10 Most Popular Crochet Patterns for Sale: (Learn to Read Crochet Patterns, Charts, and Graphs, Beginner s Crochet Guide with Pictures)

Access the web link under to download "Crochet: Learn How to Make Money with Crochet and Create 10 Most Popular Crochet Patterns for Sale: (Learn to Read Crochet Patterns, Charts, and Graphs, Beginner s Crochet Guide with Pictures)" PDF file.

[Save ePub »](#)