



Integrated Practice: Coordination, Rhythm Sound (Paperback)

By Pedro De Alcantara

Oxford University Press Inc, United States, 2011. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. To be a musician is to speak music. When you have something to say and you know how to say it, your gestures and sounds become both expressive and free. Offering an innovative, comprehensive approach to musicians health and well-being, Integrated Practice gives you the tools to combine total-body awareness with a deep and practical understanding of the rhythmic structure of the musical language, so that you can speak music fluently, healthfully, and effectively. The key to mastering the language of music is rhythm. Integrated Practice contains an in-depth study of rhythm in music and in coordination, with dozens of exercises to help you infuse your gestures and musical phrases with rhythmic energy. The balance between structure and inventiveness is also essential to your well-being. Music is based on predictable grids of chords, scales, and time signatures, and yet your music-making ought to be unpredictable and fluid. Integrated Practice shows you how to establish an imaginative dialogue between the relatively inflexible structure of music and your own individual style as a singer, instrumentalist, or conductor. Integrated Practice covers the...



READ ONLINE
[3.71 MB]

Reviews

This pdf will never be straightforward to begin on looking at but really entertaining to read through. I really could comprehend everything out of this composed e pdf. I am just very easily could possibly get a enjoyment of looking at a composed ebook.

-- **Dr. Mallory Bashirian Sr.**

The very best publication i possibly read. it was writtern very perfectly and useful. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- **Wilhelm Predovic**