

Simplicity: Simple Steps to Simplify Your Life (Paperback)

By MR Daniel Vincent

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.For every action, there is an equal and opposite reaction -Newton s 3rd Law of Relativity We are currently seeing a strong trend towards simplification and downsizing of our lives after years of materialistic living. Perhaps it was the downward spiral of the economy in the early 21st century that caused this equal and opposing reaction. Or, maybe it is coming about simply because we are wising up-that having a lot of stuff doesn t make us happy. In fact, it does the opposite. It jams up our happiness factor. It clutters our homes and minds. You don t have to be invited to star on Hoarders to question the amount of stuff you are hanging onto. Too much stuff becomes clutter when it gets in your way-in the way of understanding your finances, in the way of locating important computer files or literally in the way, as you trip over stuff when you get up in the middle of the night. So you d like to simplify your life. But where should you start? Some people never get started because they...



Reviews

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