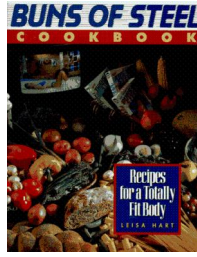


## Buns of Steel Cookbook: Recipes for a Totally Fit Body



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(Prof. London Gerlach)

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