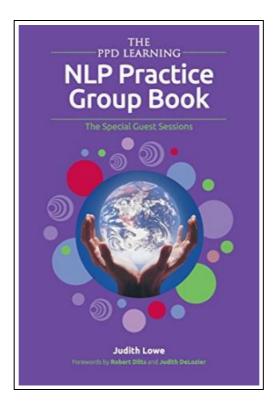
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Maxfield Press, United Kingdom, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Here is a year s worth of ready-made NLP practice group sessions - in a book! Its for the millions of people all over the world who love NLP and who want to deepen their skills and have fun together practising and experimenting with the core practitioner curriculum. Its also a really stimulating and rewarding introduction to the contemporary field of NLP and shows you how you can effectively apply NLP tools and skills to many of your personal and professional issues. Compiled and introduced by Judith Lowe each chapter offers practical knowledge and step-by-step instructions to make the topics easy to follow and rewarding to understand. You can learn how to be more resilient, how to be a good negotiator, how to coach in a limited time frame, how to enhance your leadership skills, how to study effectively, how to network, how to communicate well, how to nurture your intimate relationships, how to enrich your creativity and much more. All the contributors are experts in their own application areas as well as experienced in advanced NLP. They share their stories, their models and some of their own tips for success and make each chapter a uniquely fascinating exploration of a particular topic. There are forewords by NLP co-developers Robert Dilts and Judith DeLozier and also, to help with key definitions and technical terms, a basic NLP manual is included as well as a checklist for running a successful group. The PPD Learning NLP Practice Group Book is packed with ideas and practical suggestions for NLP enthusiasts - there s something for everyone in these pages!.

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