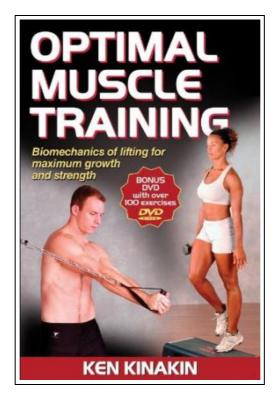
Optimal Muscle Training (Paperback)



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OPTIMAL MUSCLE TRAINING (PAPERBACK)



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