

250 Essential Oil Recipes for Everyday to Improve Your Well-Being (Paperback)



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Reviews

Completely essential read through book. It normally is not going to charge an excessive amount of. I found out this book from my dad and i advised this pdf to find out.

(Madelyn Douglas)

250 ESSENTIAL OIL RECIPES FOR EVERYDAY TO IMPROVE YOUR WELL-BEING (PAPERBACK)



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On Demand Publishing, LLC-Create Space, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. The essential oils are well-known all over the world for their healing properties. Since ancient times, the essential oils are used for therapeutic and cosmetologically purposes. The essential oil can help you while a migraine, cough, after the stressful day, and even repair the cuts faster. With over 250 recipes for natural alternatives to traditional medicine, Essential Oil Recipes for Everyday to Improve Your Well-Being provides a wide-ranging reference to herbal healing without the overwhelming. In these pages you will find: Recipes for specific wellness issues like Cold, Hair Loss, Allergies etc. Recipes for facial care. Dark circles, acne, wrinkles etc. Recipes for enhanced well-being. Relaxing blends, bedtime blends etc. Recipes for body care. Anti-cellulite essential oil blends, scars reducing Recipes for Bath Bombs There is no more sense to spend a lot of money for the expensive care product. The process of making the combinations of the essential oils is not just relaxing and exciting; it will also bring you a lot of joy!.



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