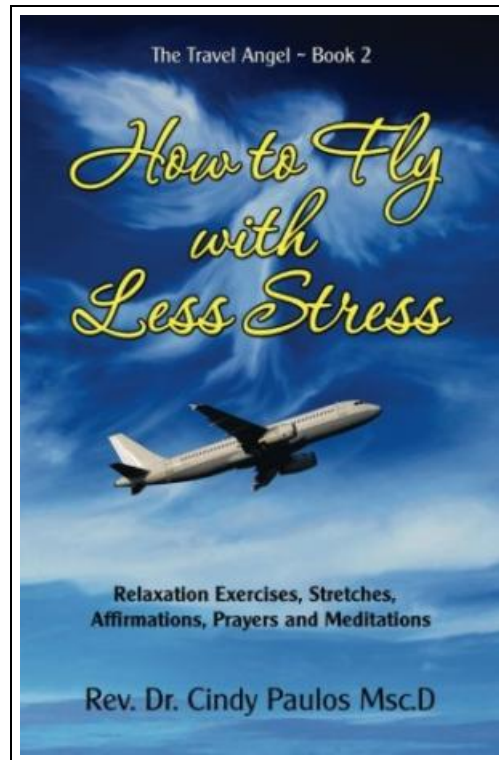


## How to Fly with Less Stress: Stretches, Relaxation Techniques, Affirmations, Prayers and Meditations (Paperback)



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